


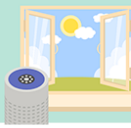







Irvine Nature Center and its Early Childhood Education programs follow all guidelines and policies regarding student and staff health provided by MSDE, the local health department and the CDC. You can find these items here: [Respiratory Viruses and Young Children](#) and [Preventing Respiratory Viruses](#)

Respiratory Virus Guidance Snapshot


Core prevention strategies

 Immunizations 	Hygiene 	Steps for Cleaner Air 	Treatment 	Stay Home and Prevent Spread* 
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Additional prevention strategies


Masks 	Distancing 	Tests 
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***Stay home and away from others until, for 24 hours BOTH:**


 Your symptoms are getting better

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 You are fever-free (without meds)

 **Then take added precaution for the next 5 days**

Layering prevention strategies can be especially helpful when:

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

EXCLUSION POLICY

General Exclusion Guidelines: If individuals have any of the following symptoms they **may not** attend and are **considered ill**. These symptoms are exclusionary regardless of any diagnosis:

*vomiting, nausea, or diarrhea	*fever of 100 degrees or more
*unexplained rash w/out doctor clearance	*untreated head lice
*infectious pink eye (until cleared by a doctor and on antibiotics for 24 hrs)	*chills

Individuals must be fever/vomiting/ diarrhea free for 24 hours w/out the aid of medication.

If an individual is ill as defined above, they must stay home until they are **BOTH** fever free and symptoms improve for 24 hrs **without the aid of medication** or if cleared by a physician. They can then return after those 24 hours and taking added precautions for the following 5 days. Please see the CDC for details.

If an individual **has two or more** of the symptoms listed below not otherwise explained*, we *recommend* they stay home, but they are not required to do so.

*runny nose/ congestion	*cough
*sore throat	*headache
*fatigue/lethargy	*muscle/body aches
*decrease in appetite	*wheezing
*new loss of sense of taste or smell	

For chronic conditions (ex: asthma) symptoms should represent a change from baseline. A doctor's note must be supplied listing this as a previously diagnosed condition. For **Preschool students, this must appear on the health intake form.*

If a program participant develops symptoms during class and is unable to participate fully, they will be sent home.

COMMUNICATION

Please contact the Director of ECE for any health-related questions or concerns and to promptly inform Irvine if a program participant is diagnosed with any virus. In turn, Irvine will inform families/staff after exposure.